

Program Title: Building more Effective Relationships

Description

Relationships can be tricky. It seems we are always needing to work on some aspect of relationship building to be more effective. This workshop will present behavioral styles and their impact on our relationships through the foundation of DiSC, a behavior styles model.

Highlights:

Participants will identify their primary DISC style while learning about the characteristics and behaviors of all 4 styles, how to recognize styles in others and strategies to interact with those similar and different to their own personal style.

Learning Objectives:

Understand our own styles

Understand the impact our style on others

Develop tools to read the styles of others

Use the principles of DISC styles to improve communication and interpersonal interactions

Establish the foundation for building better relationships through awareness of style