

# **Program Title: Building Trust**

## **Description**

Trust takes work. Culture can be eroded with a lack of trust. This workshop begins with a self assessment of how much we trust ourselves and trust others. From this self awareness we explore tools and tactics to create an environment where trust forms and relationships are formed. Participants will recognize characteristics that break trust and how to avoid the traps. Leader share a large burden in fostering a culture where trust can flourish. Through practice and exploration participants will explore key behaviors to foster this culture of trust.

## Highlights:

Trust takes time to build and can crumble in an instant. Being intentional in building a culture of trust is imperative for leaders in today's organization. Participants will explore the behaviors that break trust and the actions to foster and build trust.

#### Learning Objectives:

**Define Trust** 

Explore Behaviors that erode trust

Examine actions that build trust

Complete a personal trust inventory

Examine the leadership imperative to practice trust builders with teams

Create action plans to foster a trusting environment.

#### **Course Information:**

Required Knowledge, if any:	none
Who Should Attend?	Individual Contributors, new supervisors, experienced managers, Senior Leaders
Advanced Prep, if any:	none
Level:	any
Field of Study:	Leadership Development